



**Meeting Title:** TANC Meeting

**Meeting Date/Time:** March 16, 2023 at 6:30 - SEND 3220 Southeastern - Hybrid

**In Person Attendees:** Sue Hildebrandt, Stacie Jasorka, Teresa Sutton, Cyndy Maxwell, Mark Owens, Ashley Overly, Matt Impink, Brenda McAtee, Edgar Guadarrama, Ike McCoy, Emily Djabi, Caitlin Morgan, Kate Voss

**Zoom Attendees:** David Price, Carlie Turner, Ana Tovar, Pastor Bacon, Jennifer Schafer, Unknown #, Andrew Hayenga, Paul (?), John Webb

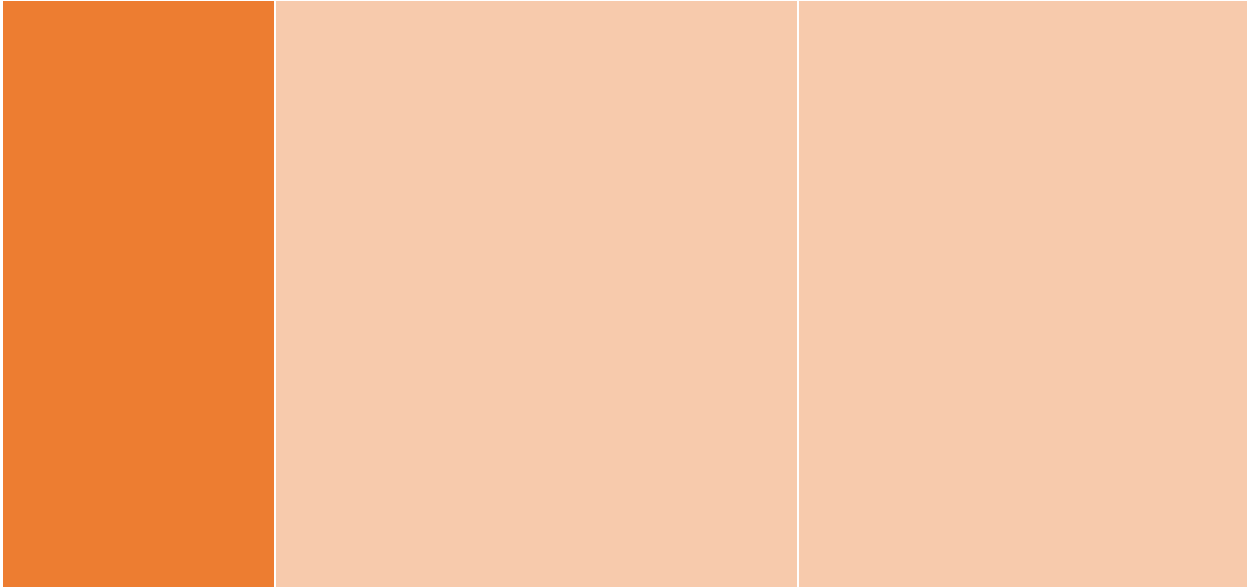
**Facebook Views:** 25 views of 3/23/2023

Agenda Topic:	Notes:	Action Items (What, who, timeline, etc.):
Welcome		
Community Announcements	<p><b>Brenda McAtee</b>, President of the Norwood Neighborhood association announced two fundraisers at the Pride Center on March 25th and April 22nd. They will be selling food. This is in support of Norwood’s 150th Anniversary Celebration that is scheduled for June 2023. It will include a parade and will commemorate Black History Month.</p> <p><b>Cindy Maxwell</b>, President of the My Christian Park Neighborhood Association, inviting residents to participate in their Clean-up. It will be April 22nd. They are in need of volunteers for the clean-up. Contact Cynthia Maxwell cynjohn1987@icloud.com</p> <p><b>Caitlin Morgan</b>, Mayor’s Neighborhood Advocate, shared to report potholes make a request online. Go to the RequestIndy page and click “create new request.” You can then report a pothole on a street, alley, the side of the road or on a highway or interstate.</p> <p>She shared resources for a Peacemaker Tour. See attachment.</p>	



	<p>Caitlin shared information on a Re-Entry Info Night scheduled for Saturday March 25th. The session will focus on the expungement process supports. This is in partnership with Neighborhood Legal Services and Fastenal. See attachment.</p> <p>Caitlin also announced that Round 3 of the Indianapolis Neighborhood Resources Center (INRC) grant was now open. The grant is designed to support the engagement, collective action and development of all neighborhoods. There are mandatory training sessions. Email <a href="mailto:grants@inrc.org">grants@inrc.org</a> for more information.</p>	
<p><b>Lyndsey Bland Eskenazi Health Center</b></p>	<p>Lyndsey Bland provided an informative overview on the issue of addictions and substance abuse disorder. Learn more about what is substance abuse disorder, the stigma and effective treatment by viewing the presentation.</p> <p>Pastor Davis Bacon requested that this presentation be advertised across the community. Lyndsey reported that Eskenazi does offer this service by request. Eskenazi also provides monthly speaker and virtual sessions online. Their outreach team can share this and a free Mental Health First Aid course by request. Eskenazi provides comprehensive addiction treatment including methadone treatment to adults addicted to opioid drugs.</p> <p>Dr. Ashley M. Overley, part of the Eskenazi team, was on-hand to assist with questions form the presentation. <a href="mailto:Ashley.Overley@eskenazihealth.edu">Ashley.Overley@eskenazihealth.edu</a></p> <p>The methadone clinic is schedule to be in place by the end of the year.</p>	<p>Contact Lyndsey Bland with Eskenazi Health with any questions <a href="mailto:Lindsey.Bland@eskenazihealth.edu">Lindsey.Bland@eskenazihealth.edu</a></p>

	<p>Outreach Coordinator, Jennifer Schaefer, at Office of Public health and Safety (OPHS) is requesting resources for mental health support and programming that she and the staff can distribute to those exiting the jail after serving. They can be dropped off at Assessment and Intervention Center or email <a href="mailto:Jennifer.schaefer@indy.gov">Jennifer.schaefer@indy.gov</a></p>	
<p><b>Ike McCoy, DMD</b></p>	<p>Ike McCoy provided updates and a presentation on the process of the future development of the Twin Aire Drive In Site and Plaza. His presentation included a history, timeline and overview of the RFI process. During that process, 8 responses were received and evaluated by the City of Indianapolis, Health and Hospital, and the TANC stakeholder/neighbor group. Many of these responses included ideas and interest for a master developer where one larger developer works with smaller ones to develop the entire site. The City of Indianapolis has decided that there is enough of a response and interest to support moving toward a competitive bid phase for the site. Next step in the process is an issuing of an RFP. Ike will continue to update us as this develops.</p> <p>The Kroger lease is up in 2024 and is open for renewal.</p> <p>Ike addressed question concerning the opportunity for a Community Land Trust (CLT) when it might apply to this Twin Aire Drive In site development. The city is part of those conversations. The CLT is still being developed.</p>	<p>Contact Ike McCoy with DMD with questions <a href="mailto:Ike.McCoy@indy.gov">Ike.McCoy@indy.gov</a></p>





# TWIN AIRE NEIGHBORHOOD COALITION MEETING

March 16, 2023

# Meeting Agenda:

- Welcome
- Announcements/Updates
- Eskenazi Health, Lindsey Bland, Addiction and Substance Use Disorders: An Overview
- Ike McCoy, Department of Metropolitan Development
- Land Use
- Community Updates



# ADDICTION AND SUBSTANCE USE DISORDERS: AN OVERVIEW

Lindsey Bland, Eskenazi Mental Health Center



# **Addiction and Substance Use Disorders: An Overview**

Sandra Eskenazi Mental Health Center





# Agenda

- Stigma
- Statistics
- Science of Addiction
- Treatment
- Recovery
- Common Myths
- Changing The Language
- Resources



## **Two Main Factors Affect the Burden of Stigma**

1. Perceived control over one's condition
2. Perceived fault in acquiring the condition



~~STIGMA~~

*Many people mistakenly believe that individuals with mental health conditions, including substance use disorders, are within a person's control.*



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# Statistics

# 2020 National Survey on Drug Use and Health

*In the past year,*

- **37.9 million adults had a substance use disorder (SUD)**
- **14.2 million adults has serious mental illness (SMI) in the past year**
- **5.7 million adults had both SUD and SMI in the past year**
- **46.5 million adults had either SUD or SMI in the past year**

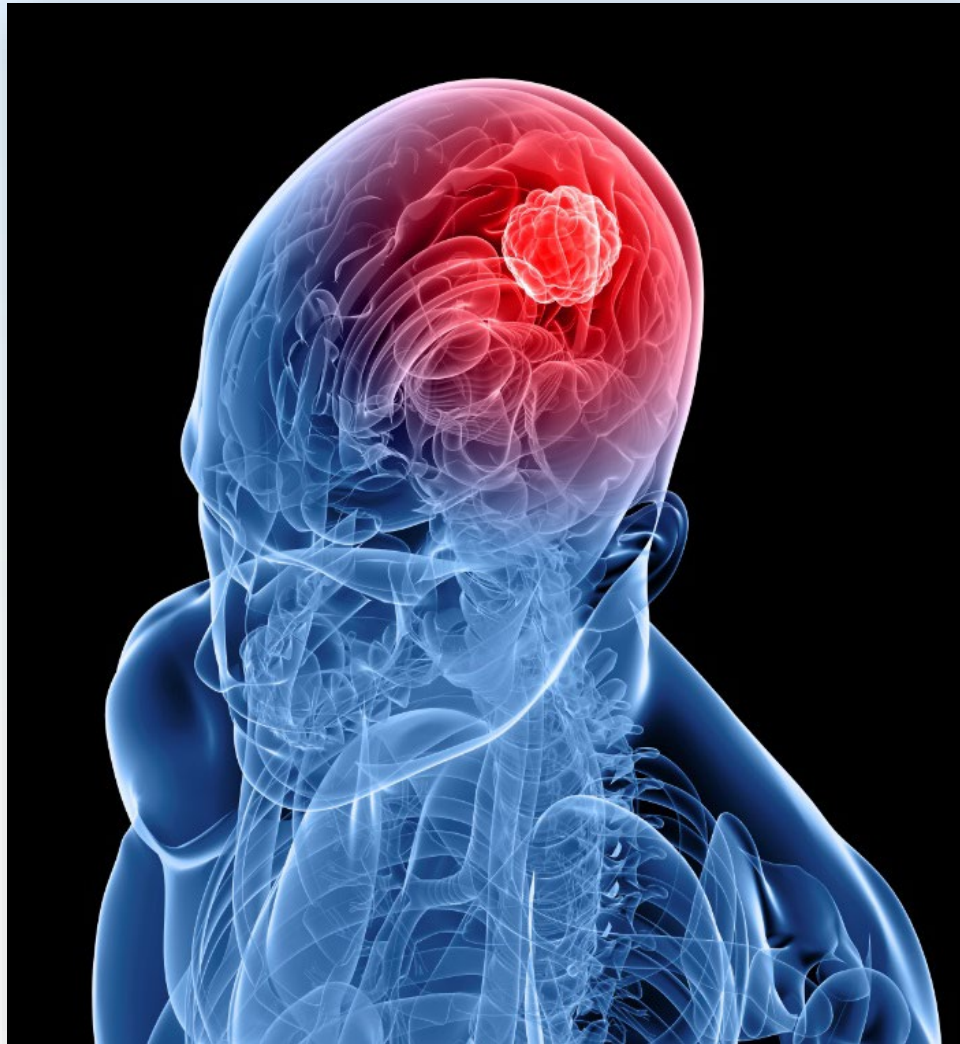
*\*Source: Substance Abuse and Mental Health Services Administration (2021).*



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# The Science of Addiction

# Definition of Addiction (Substance Use Disorders)



“Addiction is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual’s life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences.”

Source: American Society of Addiction Medicine (2022)

# The Brain



## Brain Reward Pathway

*The brain reward pathway regulates emotions and our ability to feel pleasure; it is critical in motivating people to repeat life-sustaining behaviors such as eating, drinking, and sleeping.*

- This pathway is activated by all substances of abuse including alcohol and marijuana
- Substances of abuse affect the pathway and flood the brain with dopamine
- This flooding of dopamine causes the euphoria ("high"), which reinforces the drug seeking/using behavior in humans





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# Treatment



# Treatment

**"Groundbreaking discoveries about the brain have revolutionized our understanding of addiction, enabling us to respond effectively to the problem"**

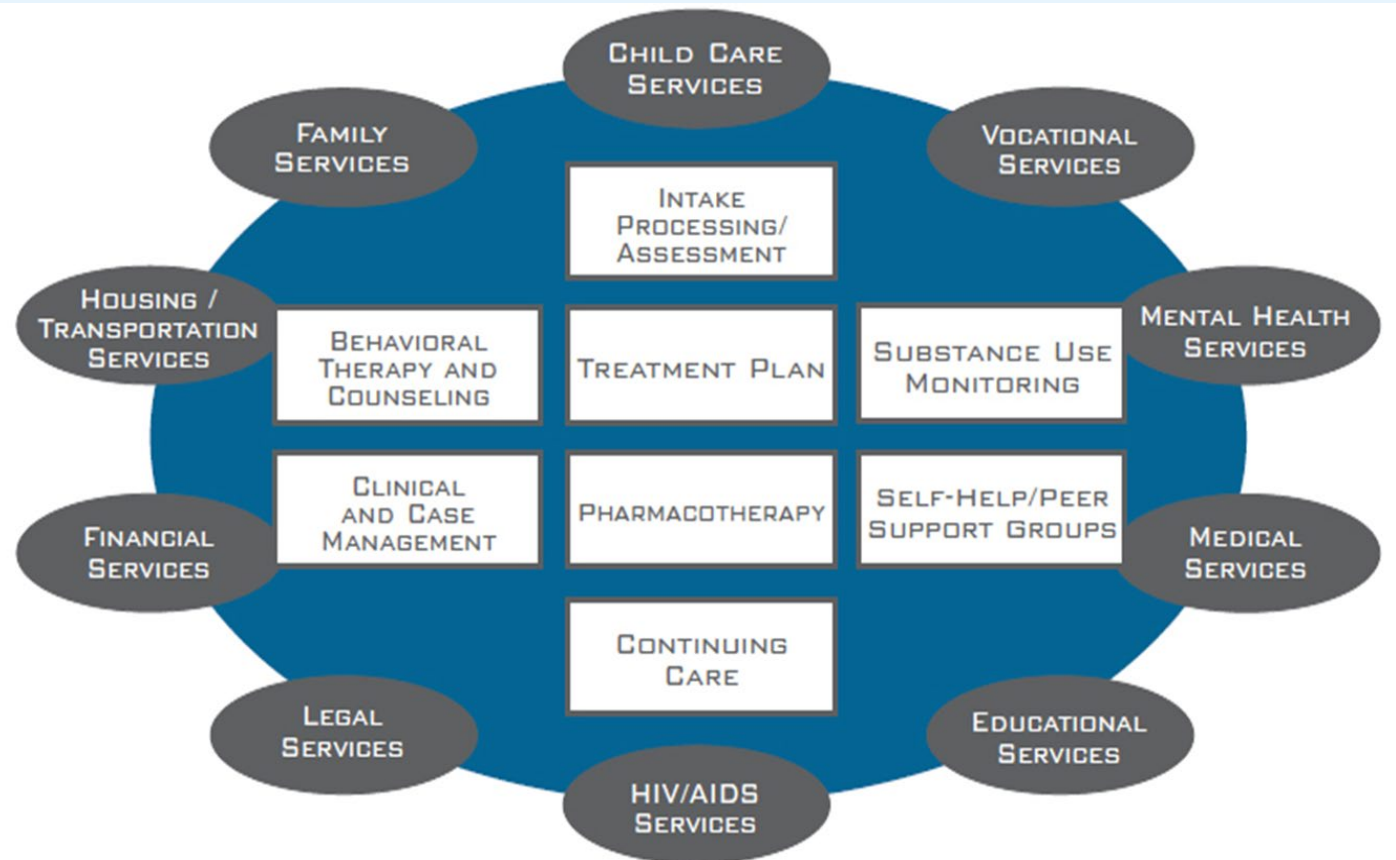
*- Dr. Nora Volkow, National Institute on Drug Abuse*

## **Substance use disorders are preventable and treatable!**

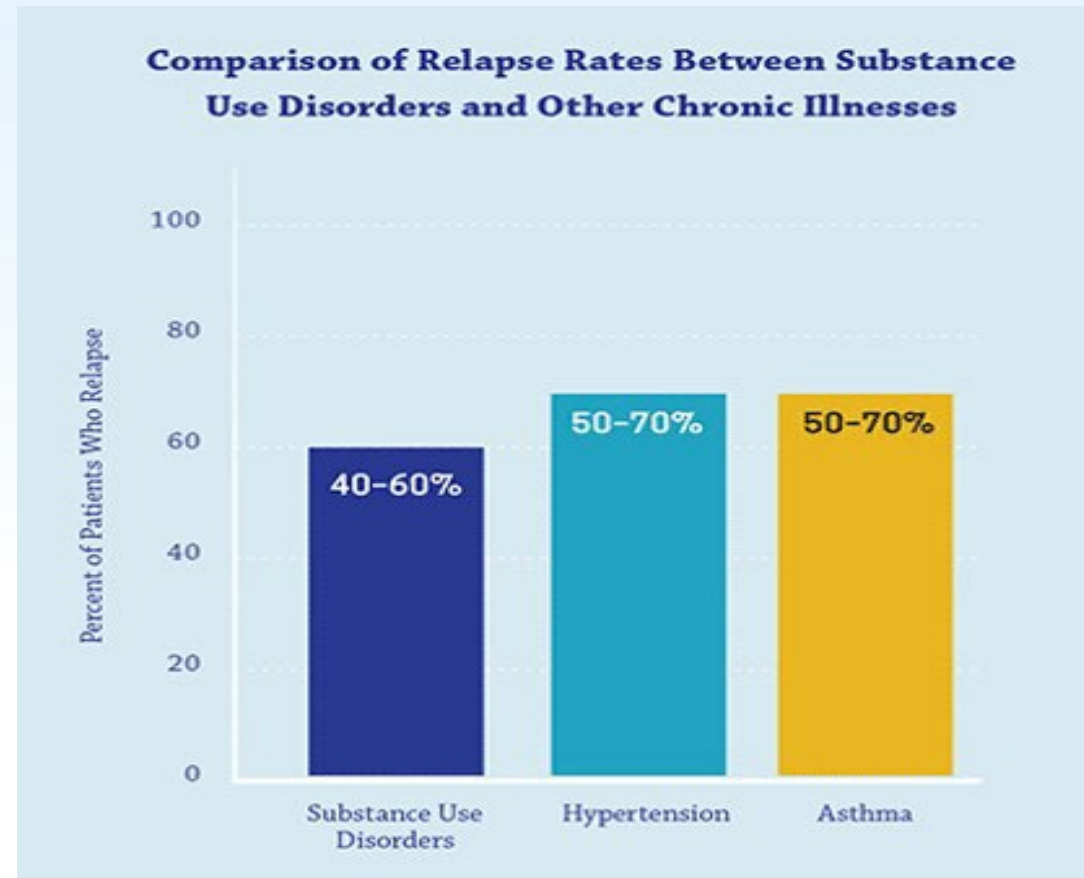
Substance use disorder treatment is highly individualized and may include:

- FDA-approved medications
- Integrated, whole-health treatment and services (e.g. primary care, dental, mental health, etc.).
- Behavioral interventions
- Peer support

# Full Spectrum of Services



# Relapse Rates Comparison





# Family and Friend Support

- It is ok to say something
- Care and compassion
- Help identify treatment options and discuss
- Offer to attend the appointment with them to be a support
- Self-care

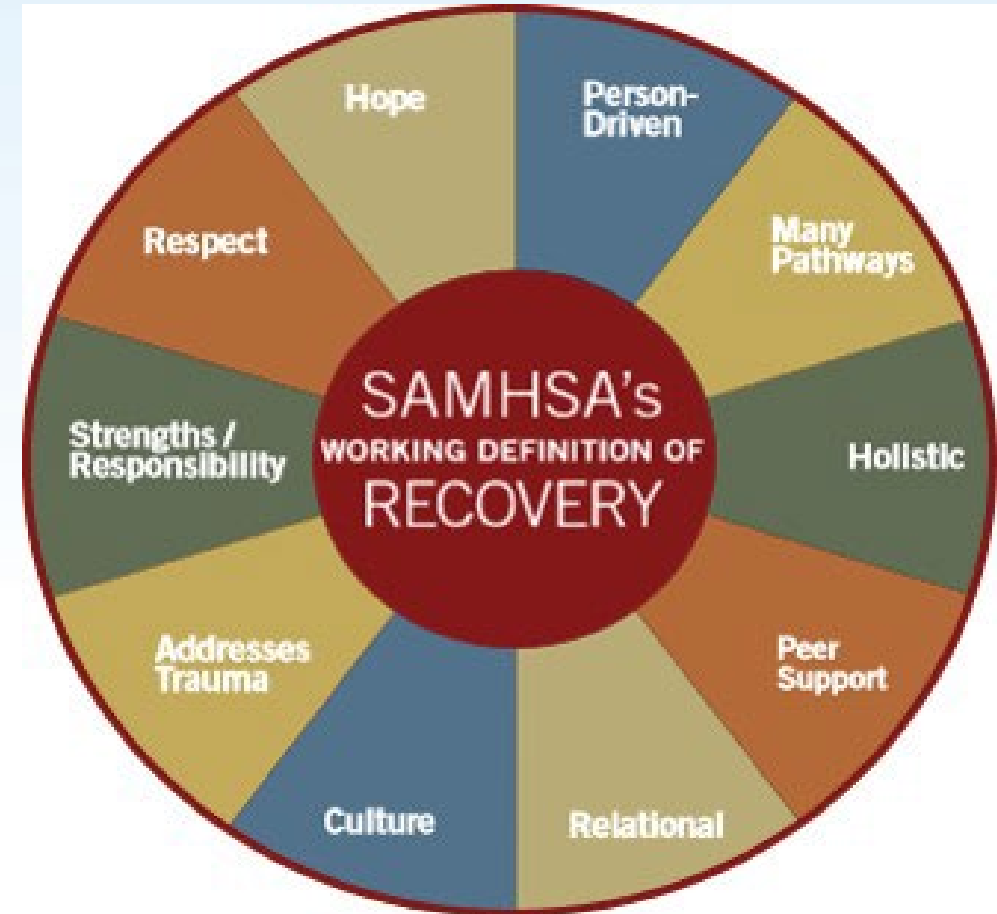


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# Recovery

# SAMHSA's Definition of Recovery

- ✓ A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.
- ✓ Access to evidence-based substance use disorder treatment and recovery support services are important building blocks to recovery





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# Common Myths About Addiction



# Common Myths About Addiction

## **Myth: Drug addiction is a choice.**

- A person might choose to experiment, or use a substance, however prolonged substance use actually “hijacks” the brain. Tolerance, withdrawal, and cravings, as well as an irresistible compulsion to use a substance can all result from this “hijacking.” If a person does not ingest the substance, the brain sends signals to the other life-sustaining human body systems which can cause withdrawal symptoms, some of which can be life-threatening. At this point, the individual no longer has a choice; they must use the substance just to feel “normal.”

## **Myth: Substance use disorder is a legal/moral problem.**

- Historically, people with addiction were thought to be morally flawed and lacking willpower, which led to an emphasis on punishment. Today, thanks to science, our views about addiction and substance use disorders have changed. As a result of scientific research, we now know that addiction is a medical condition that directly impacts the brain and affects one’s thinking and behaviors.

## **Myth: Treatment is only effective for people who want treatment and/or recovery**

- People have different levels of motivation and reasons for seeking/entering treatment. It’s important to remember that treatment can be effective for anyone, regardless of their level of motivation or reason for entering treatment. It’s a misconception that only those who want treatment, or are entering treatment voluntarily, will be successful. Research indicates that people who are mandated to enter substance use disorder treatment have comparable or better outcomes than those entering voluntarily.



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# Changing The Language

**What we say matters!**

words  
have  
power

# Person-first language

## Common Words That Perpetuate Stigma

- Alcoholic
- Schizophrenic
- Psycho
- Dirty/Clean (toxicology results)
- Clean (e.g. *not used*)
- Dope sick
- Mentally ill person
- Junkie
- Drug

## Common Words that Reduce Stigma

- Person with alcohol use disorder
- Person with schizophrenia
- Person with psychosis
- Positive (or negative) urine drug screen
- Sober
- Symptoms of withdrawal
- Person with mental illness
- Person with opioid use disorder
- Prescription medication



# Resources

Sandra Eskenazi Mental Health Center

Adult Addictions Clinic-3171 N Meridian St.

317-880-8491

Narcotics Treatment Program-832 N Meridian St.

317-686-5634

<https://www.eskenazihealth.edu/mental-health>

Recovery Café Indy

907 N Delaware St.

317-772-0102

<https://www.recoverycafeindy.org/>



# Resources

Step Up, Inc.  
Services, Testing, Education, Prevention  
317-259-7013  
<https://stepupin.org/>

Suicide and Crisis Lifeline-  
Call 988

Indiana Referral Line-  
Call 211  
<https://in211.communityos.org/>



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Thank You!



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# REQUEST FOR INFORMATION (RFI) CONCLUSION: TWIN AIRE PLAZA & DRIVE-IN

Ike McCoy, Principal Program Manager for Real Estate and Land, DMD

# Request for Information (RFI) Conclusion – Twin Aire Plaza & Drive-In Site RFP Introduction

March 16th, 2023

Ike McCoy – Principal Program Manager for Real Estate and Land,  
Department of Metropolitan Development, City of Indianapolis



# Tonight's Goals

- Recap the RFI and Provide General Overview
  - Announce the Release of the RFP
  - Review the Timeline and What to Expect
  - Highlight How the Community Can Participate in the Process.
- 
- But First.... Let's Review How We Got Here So We Can Understand How the RFI and RFP Were Developed

# A Brief History

- **1909 to 2007** – Citizens Operates and Decommissions the Coke and Manufactured Gas Plant
- **April 2015** – Indy East Promise Zone Created and Encompasses former Coke and Manufactured Gas Site
- **October 2015** – TANC Formed to Promote Revitalization of the Surrounding Area
- **September 2016** – EDA Awards POWER Grant to Begin Work on the ARI Strategy
- **December 2016** – Twin Aire Receives Great Place 2020 Designation

# A Brief History Continued...

- **January 2017** – Former Coke and Manufactured Gas Supply Site Selected as location for the Community Justice Campus
- **2018 – 2021** – Design Construction and Activation of the Community Justice Campus
- **January – May 2022** – Phased Opening of Courts, Detention Center, Public Defender Office
- **2022 – 2023** – Construction of Forensics, Coroner, and Youth and Family Services Center
- **2024 – 2026** – Site Completion

# Community Engagement and Planning

- **2015** – TANC Meetings Begin
- **2016** - Southeast Neighborhood Quality of Life Plan Update
- **2016** – Twin Aire Vision Plan Facilitated By LISC and SEND
- **2016 - 2018** L.O.V.E. Committees and Twin Aire Strategic Plan
- **2017** – Marion County Land Use Plan
- **2017** – Phase 1 of ARI Planning
  - Included appearances at the TANC Monthly Meetings, L.O.V.E. Committee work, a Design Workshop, Public Input Sessions, and Stakeholder interviews.
- **2018** – ARI Plan Released
- **2021 – 2023** - Community Benefits Discussion

# City and Community Plans\*

City of Indianapolis Land Use Plan / Pattern Book

<https://citybase-cms-prod.s3.amazonaws.com/d55349b00251489ea6744d4a06826f95.pdf>.

AIR Plan

<https://static1.squarespace.com/static/5b340a8e4eddec2bab0ddd7c/t/5f495bd3ff1fcc36d5482f65/1598643202433/Twin+Aire+Strategic+Plan+%28EDA%29+abridged+-+No+Blank+Page.pdf>.

SE Quality of Life Plan

<http://southeastneighborhood.org/plan/Southeast-Quality-of-Life-Plan.pdf>.

Twin Aire Strategic Plan

[Strategic Plan](#)

*\*Not an all-inclusive list. Full Documents up front.*





# Collective Results

- **All this Planning Resulted in Common Themes**
  - Residential development with an emphasis on a mixture of both affordable and market rate housing types – both single and multi family options.
  - Mixed use and commercial redevelopment of the Twin Aire Plaza with an emphasis on food access and job creation.
  - Space for community organizations to provide resources such as workforce training, healthcare, and community events
  - Other priorities included public art, public greenspace, and opportunities for recreation.

# Twin Aire RFI

- RFI drafted using on all of this information collected from the community over the years.
- Twin Aire leadership group, made up of leaders from all TANC neighborhoods + SEND & SECS, helped edit draft.
- RFI Released Sept. 2022 and closed in November.
- DMD, HHC, and community leadership group reviewed drafts received and compiled collective thoughts.

# RFI Results

- Received 8 responses in total
- 5 Responses included plans for “Master Development” of the site along with phased developments.
- 3 responses were “site specific”.
- All included housing options – Most with mixed market and affordable options that focused residential uses in the Twin Aire Drive site area.
- 3 of the three Master developments focused on adaptive reuse while 2 respondents proposed a reconfiguration of the shopping plaza.
- Some respondents believed that community organizations could be supported and incorporated in with market rate commercial while one respondent proposed a stand alone building that would lease to non profit community service organizations only.

# Conclusion

- This was a very successful RFI Process.
- All respondents did a wonderful job answering the prompt questions and creating feasible redevelopment alternatives that largely achieve the goals set out in the RFI.
- All Stakeholders are in agreement that we are ready to move into a final competitive stage for a development award through an official Request for Proposal or RFP that will go live on April 3<sup>rd</sup> 2023.

# Anticipated Timeline

- **April 3<sup>rd</sup>** – Process Opens
- **April 18<sup>th</sup>** – Pre Bid Meeting
- **April 21<sup>st</sup>** – Site Walk
- **April 28<sup>th</sup>** – Questions Due
- **May 12<sup>th</sup>** - Q & A Posted
- **June 20<sup>th</sup>** – Proposals Due
- **June 21<sup>st</sup>** – MDC Bid Opening
- **June 22<sup>nd</sup> or June 25<sup>th</sup>** – Public Meeting\*\*\*
- **June 26<sup>th</sup> - 30<sup>th</sup>** Interviews
- **Week of July 10<sup>th</sup>** – Stakeholder Committee
- **July 31<sup>st</sup>** – Selection Recommendation
- **August** – Award Letter and Announcement.

# Public Meeting / Community Participation

- Respondents will be invited to present their plans post response submittal in a town hall format.
- This will provide transparency to the process and allow community members to participate by providing feedback in real time.
- Feedback will be compiled and provided to selection committee.
- Exploring opportunities to use QR code / online response tool, along with paper response sheet.
- Exploring making digital recording available and allowing open window for community responses for extended period after public meeting – to allow residents to view recording and respond if unable to make initial meeting.
- Still in planning phase – but we will need the community's help to pull this off!

# Wrap Up / Questions?

- Ike McCoy
- Email – [Ike.McCoy@Indy.Gov](mailto:Ike.McCoy@Indy.Gov)



# RE-ENTRY INFO NIGHT

*Do you or someone you know have questions about how to get criminal records expunged? Join the OPHS Division of Reentry for our Reentry Info Night!*

**WHEN:** SATURDAY, | 6 PM - 7 PM  
MAR. 25 | 7 PM - 8 PM

**WHERE:** IBEW | 1828 NORTH  
UNION 481 | MERIDIAN ST. #205

**In partnership with Neighborhood Christian Legal Clinic and Fastenal, this event will feature a meal and two informative sessions:**

- **6PM – 7PM:** Learn about expungement eligibility and how to access the free services of the Expungement Help Desk with Julie from the Neighborhood Christian Legal Clinic
- **7PM – 8PM:** Hear how the OPHS team is working to create a smoother, more successful process for the reentrant community.



*Thank you to our valuable community partners! Free parking is available, and no registration is required. Seating and food is first come, first serve. No screenings or expungements will take place at this event but resources will be shared.*





**INDY PEACE  
FELLOWSHIP**

# MEET THE **PEACE MAKERS**

FROM THE FRONTLINES  
OF REDUCING GUN  
VIOLENCE IN INDY



**Speaker**  
Branden Ballard  
INDY PEACE FELLOWSHIP  
OUTREACH WORKER



**Speaker**  
Antoine Murphy  
INDY PEACE FELLOWSHIP  
OUTREACH WORKER



**Speaker**  
David Lee  
INDY PEACE FELLOWSHIP  
OUTREACH WORKER

Highlighting the work across the city to connect resources with needs, reducing gun violence by serving the highest-risk neighbors through the Indy Peace Fellowship. **Learn how you can help.**

## UPCOMING DATES



**Friday, March 3**  
6PM-8PM

**St. Paul Kingdom Builders Church  
with Pastor Randall Pierce**  
1005 W. 27th Street 46208



**Tuesday, April 11**  
6PM-8PM

**Tuxedo Park Baptist Church  
with Pastor Eddie Smith Sr.**  
29 N Grant Avenue 46201

[www.indypeace.org](http://www.indypeace.org)



The Indy Peace Fellowship is a partnership between the Indy Public Safety Foundation (IPSF) and the Office of Public Health and Safety (OPHS), developed as part of the City's Violence Reduction Strategy.